



Courses available through
06/30/2025.

June Featured Learning

June is a time to celebrate resilience, mindfulness, and care — both for ourselves and our communities. This month, we recognize Juneteenth, International Day of Yoga, and National Migraine Awareness Month, along with a timely reminder about staying safe in the summer heat. Our featured learning picks are short, meaningful, and designed to help you reflect, recharge, and stay well — supporting our shared vision of safer, stronger, and healthier workplaces across Oregon.

SAFER

[Heat Exposure and Illness Prevention \(Non-Supervisor\)](#)

STRONGER

[What is Juneteenth, and why is it important?](#)

HEALTHIER

[Desk Yoga: Stretches for Stress and Headaches](#)



Log in at learn.cisoregon.org to access these courses.